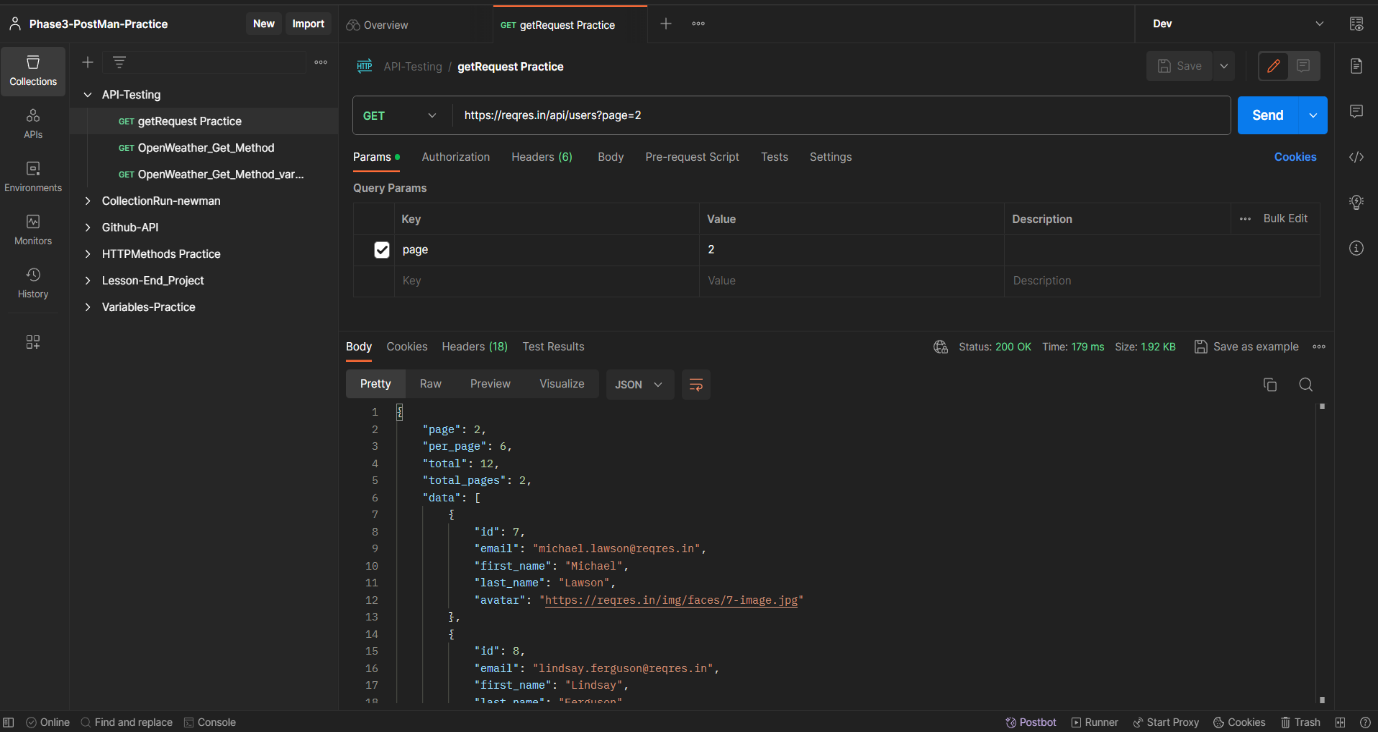
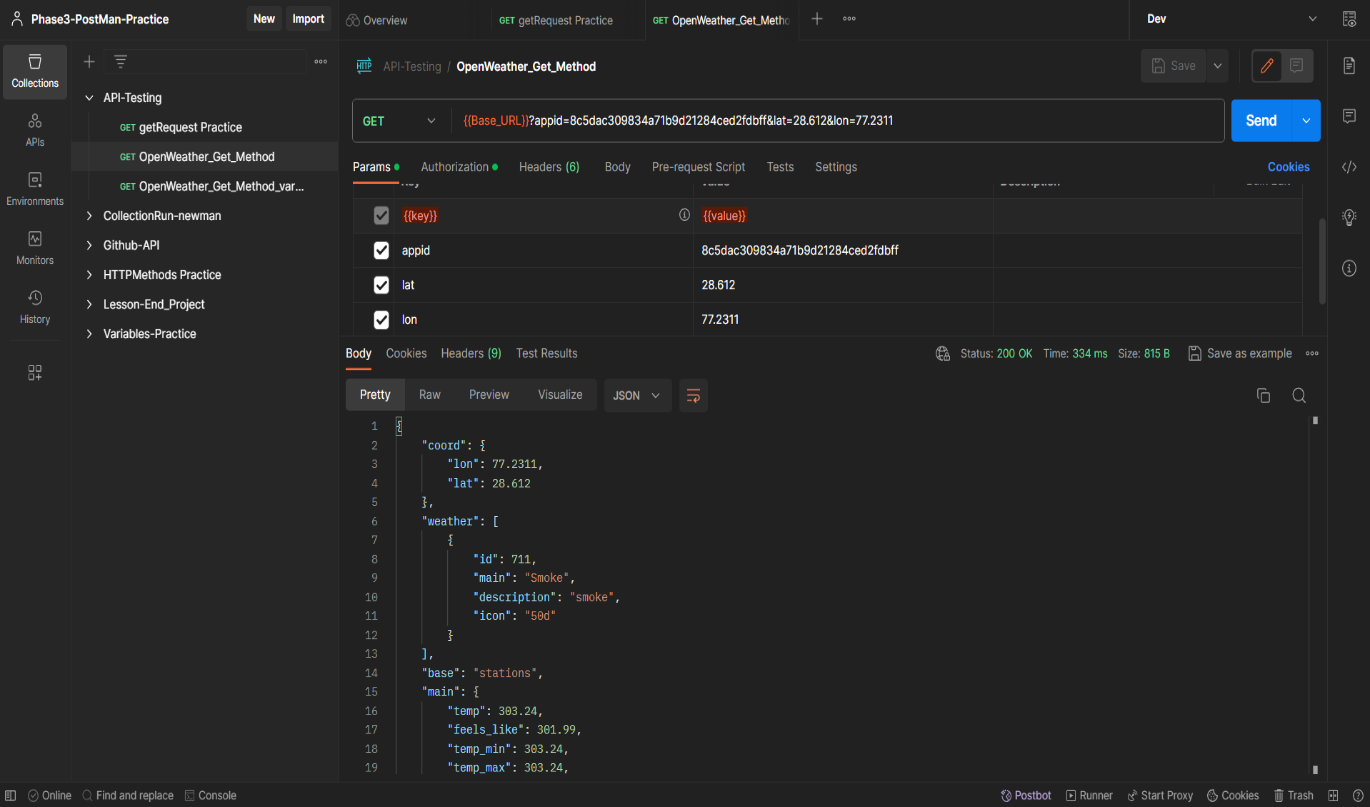
**Postman Assisted Practices**